

**CIDEF**

Centre International  
d'Études Françaises



**COME AND LEARN FRENCH** in Angers - In the Loire Valley



2025-2026



**UCO**

UNIVERSITÉ  
CATHOLIQUE DE L'OUEST



## L'UNIVERSITÉ CATHOLIQUE DE L'OUEST IN ANGERS

Created in 1875, the Université catholique de l'Ouest attracts some 13,000 students every year to its **9 campuses** in Western France and overseas. Located in a landscaped park a mere **5 minute-walk from the city centre**, the Angers campus offers its **7,500 students** both an exceptional setting and a high-quality study environment.



**1875** foundation of UCO



**6** faculties

Law, Economics, Management • Education • Humanities • Science • Social sciences • Theology and religions studies



**210** partner universities

**120** degree programmes



## THE CENTRE INTERNATIONAL D'ÉTUDES FRANÇAISES

Since its creation in **1947**, CIDEF - which is part of the Faculty of Humanities - offers students and teachers from around the world various programs in French language and culture. The center also provides teacher training courses in pedagogy and didactics. CIDEF has been granted the **Qualité FLE label** (French as a Foreign Language quality certification), delivers university degrees and is an examination centre for certifications and university diplomas.



**1,200** international students

**76** years of experience

**40** lecturers

## ANGERS



Angers is located in the heartland of the Loire Valley – a UNESCO world heritage site.

In 2023, Angers ranks **1<sup>st</sup> among the French cities offering the best quality of life** and is among the **top 10** French cities regarding student life.



**160,000** inhabitants



**1,5** hour from Paris by TGV



**1,5** hour from the Atlantic coast





# UNIVERSITY DIPLOMA IN FRENCH LANGUAGE AND FRANCOPHONE CULTURES

## Course content

After taking a **placement test**, students are placed in a **language course** corresponding to their **level** (ranging from level A1 to level C1 of the Common European Framework of Reference for Languages). There are about 20 students per French language class.

**Electives** can be chosen depending on students' language level, the current trimester or semester, areas of interest, and personal or academic requirements. These electives represent **3 hours** per week on a total of **21 contact hours** per week.

A certificate is given to the students who attend less than 21 hours per week.

	A1	A2	B1.1	B1.2	B2	C1
Language class	9	9	9	6	6	6
<b>LANGUAGE COURSES</b>						
Speaking skills	3	3	3	3	3	3
Writing skills	3	3	3	3	3	3
Listening comprehension	3	3	3	3	3	3
Phonetics	3	3	3	3	3	3
Grammar		3	3	3	3	3
French through theater				3	3	3
English-French translation				3	3	3
<b>FRENCH FOR SPECIFIC PURPOSES</b>						
Business French*			3	3	3	3
French for fashion		3	3			
French for tourism*				3		
French for academic purposes					3	3
<b>CULTURE</b>						
Socioeconomic studies					3	3
Sociocultural studies			3	3		
French history			3	3	3	3
Art history			3	3	3	3
Literature				3	3	3
Music history					3	3
Philosophy					3	3
French politics					3	3
European political system					3	3

Optional | **Compulsory** | **Spring only**

Optional courses will open according to semesters and numbers of students.

\* Also prepares for Chamber of commerce exams

## Course schedule

	Fall 2025-2026	Spring 2026
<b>Pick-up service at the train station</b>	September 30	February 3
<b>Placement test</b>	October 1	February 4
<b>Start of classes</b>	October 6	February 9
<b>End of trimester</b>	December 20	
<b>End of semester</b>	January 24	May 30

## Tuition fees

<b>1 year</b>	6,300 € + 120 € registration fees
<b>1 semester</b>	3,600 € + 120 € registration fees
<b>1 trimester</b>	2,833 € + 120 € registration fees
<b>1 week</b>	please contact us
<b>Deposit</b>	350 €

Educational materials (+/- 60 € per study period)

A 5% discount is granted to students who have attended the preceding session in its entirety.

All course sessions started or registered for are due.

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## THE SUMMER PROGRAMS

### The course offer

This study programme is open to anyone over 18 who wishes to take an intensive French course during one or several weeks / months, in July, August or September. 80h/month.  
About 20 students per French language class.

This course is also an opportunity to discover the city and the Angers area through the various extra-curricular activities and day trips offered by CIDEF. → p.14

	A1	A2	B1.1	B1.2	B2	C1
Language	✓	✓	✓	✓	✓	✓
Speaking skills	✓	✓	✓	✓	✓	✓
Listening comprehension	✓	✓	✓	✓	✓	✓
Culture and Heritage			✓	✓	✓	✓

### Summer 2026

#### Course schedule

	July	August	September
Pick-up service at the train station	June 29	August 3	August 31
Placement test	June 30	August 4	September 1
Start of classes	July 1	August 5	September 2
Date of departure	July 25	August 28	September 26

#### Tuition fees

**1 month** 1,578 € + 120 € registration fees

**Deposit** 350 €

Educational materials (+/- 30 € per study period)

A 5% discount is granted to students who have attended the preceding session in its entirety.

All course sessions started or registered for are due. → p.18



## TAILOR-MADE PROGRAMS

### At CIDEF

This course is designed for:

- **Anyone over 18** wishing to study French language and the culture of French-speaking countries for one or several weeks at any time of the year. After taking a placement test, students are placed in a language course and, they can take general French language, French culture or French for specific purposes classes.
- **Groups** wishing to learn a language abroad at any time of the year. The course content and schedule are worked out in collaboration with the group coordinator. Depending on demand, this course may include general French classes, French for specific purposes, cultural classes, activities and excursions.

→ p.14

### Online

This course aims to consolidate the students' language skills as well as their knowledge of French culture. After a placement test, the students may access online teaching tools available on an e-learning platform.

**Course content is offered through various pedagogical modules that include:**

- written and oral comprehension
- grammar, vocabulary and phonetics
- writing skills

Students work at their own ability level and pace according to a schedule specifying the expected time frame and deadlines.

On request students may receive support from a teacher to assist them when necessary.

For more information : please contact [cidef@uco.fr](mailto:cidef@uco.fr)





## UNIVERSITY DIPLOMA PREPARATION FOR ACADEMIC STUDIES

### Course content

This diploma prepares international students for French university degree programs. Students have the opportunity to acquire language, cultural and methodological skills, notably through subject-specific courses, so to have the prerequisites necessary for joining French Universities.

#### SEMESTERS 1 and 2

Core courses	Language and methodology	
	Professional project	
	English	
Electives	<b>SCIENCES</b>	<b>HUMAN AND SOCIAL SCIENCES</b>
	Mathematics	Social, cultural, and economic environment
	Chemistry	Institutional and historical context
	Physics	<b>2 modules to choose</b> among a selection of subject-specific courses
	Life science	

Please note that this diploma does not guarantee admission into a 1<sup>st</sup> year Bachelor's degree ("L1"): students must apply and be admitted to study in a French University.



**Jade,**  
Ivorian student

*«Thanks to this program and the educational staff, I have learned a lot on living and studying in France. It has been a great opportunity for me to integrate, to improve my skills and develop my knowledge. It was great to meet new people and create bonds. I can now serenely start a university program in France.»*

### Course schedule

**Starting date:** september 2025

**End of program:** end of june 2026

### Tuition fees

**1 year** 5,800 € + 120 € registration fees

**Deposit** 50% tuition costs at registration

All courses started are due.

The deposit and registration fees are non-refundable.



## UNIVERSITY DIPLOMA

### PEDAGOGICAL TOOLS AND PRACTICES FOR FFL TEACHER TRAINING

#### Course content

This **distance learning** course is designed to give the FFL teacher or student teacher the **necessary methodological, didactic and pedagogical fundamentals**. The aim is to consider and reflect upon the processes and strategies at work when you teach/learn a language. This is complemented by a work placement (for student teachers) or a **professional experience** (for teachers) so as to analyze one's own perception and approach of teaching.

The university diploma requires completion of 7 modules (including 6 cores modules) and a professional experience report.

#### Core modules

##### Planning a teaching session

- distinguishing between the initial situation & the expected learning outcomes
- setting objectives & sub-objectives
- choosing the right assessment for the teaching goals
- choosing a class activity
- choosing adapted class material

##### Teaching grammar

- understanding the “grammar” we teach
- choosing an approach to teaching grammar
- choosing grammar points according to the set objectives
- designing a sampling phase
- defining the type of activities envisaged

##### Learning how to assess students' production

- distinguishing between diagnostic assessment, formative evaluation & summative evaluation
- becoming acquainted with skills assessment
- designing an assessment chart
- introducing students to self-assessment
- building a positive culture of assessment

##### Fostering a dynamic learning process

- getting acquainted with the concept of cohesion
- distinguishing between cooperation & collaboration
- understanding what is meant by “group”
- learning how to manage and motivate a group
- suggesting activities towards a cultural project

##### Teaching phonetics

- introducing fundamental notions
- understanding the importance of rhythm and connected speech
- getting acquainted with the phonological specificities of French
- conceptualizing phoneme articulation
- considering best practices in terms of students' progress and assessment

##### Developing effective learning strategies

- singling out abilities and learning styles
- getting to know the useful strategies according to the various skills
- targeting strategies to be implemented
- offering practical tools
- taking a reflective stance

#### One elective module to be chosen

##### French for specific purposes

- distinguishing between FFL / FOS (specific purposes) / FLP (professional-oriented) & français de spécialité (specialized)
- making sense of case studies
- building a curriculum
- choosing class material
- devising an activity for a specific group

##### Learning languages through games

- getting acquainted with the notion of game
- distinguishing between recreational activity, educational game & classroom game
- understanding game-based pedagogy and its pertinent environment
- becoming acquainted with material adapted to game-based pedagogy
- devise a game for the class

#### Course schedule

The university diploma is implemented over a two-year period.

Each year CIDEF offers a schedule including 4 modules (each module represents about 20h over a 5-week period). At the end of the two-year period, the teacher or student teacher must have completed a work placement or professional experience for a minimum of 100h.

#### Tuition fees

<b>Course</b>	1,600 € + 120 € registration fees
<b>Deposit</b>	350 €

Please note that all courses started are due.  
The deposit and registration fees are non-refundable.

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#### Mariam Manich, Institut Français d'Égypte

«From the beginning, the organisation of the program has been very impressive. The modules include a wide range of essential aspects to teach FLL. Thanks to this diversity, I was able to develop a holistic approach of the field and to get ready for my next professional challenges. The teachers provide a personal correction and assessment of all the assignments, which helps improve our pedagogical skills. In spite of the distance, the teachers create an interactive and motivating environment. The platform and the virtual resources really help. This Diploma in FFL, obtained on line with CIDEF, has been an extremely positive experience.»





## TEACHER TRAINING

### Training in your own school

CIDEF offers training courses by experienced instructors (teachers, lecturers, textbook writers, instructional designers, teachers of non-linguistic subjects) who come to your school for training sessions.

#### For those training sessions:

- subjects are specifically adapted to the needs and requirements of each group
- the number of contact hours and the duration of the course are flexible
- the teaching methods are varied (workshops on specific subjects, best practices, specific linguistic difficulties and issues of French)

→ CIDEF offers a **certificate of attendance** at the end of the training session.

→ **CIDEF also offers such training sessions in Angers.**

For information or a quotation, please contact : [cidef@uco.fr](mailto:cidef@uco.fr)

### Online training

CIDEF offers online learning tools - designed by experienced instructors - available on an e-learning platform. Those asynchronous learning courses include theoretical videos, practical material (worksheets, online activities), complementary readings and group activities (forum, padlet, tag clouds...). Each module represents 20h over a period of 5 weeks, is supervised by an instructor.

#### The modules currently available are:

- Planning a teaching session
- Teaching grammar
- Learning how to assess students' production
- Teaching phonetics
- Fostering a dynamic learning process
- Developing effective learning strategies
- Learning through play
- French for specific purposes

→ CIDEF offers a **certificate of attendance** or a **certificate of competence** (for the relevant module) at the end of the training session.

### Tuition fees

<b>Course completion certificate</b>	95 €
<b>Certificate of competence</b>	145 €

Please note that all courses started are due.  
The deposit and registration fees are non-refundable.

## CERTIFICATIONS

### CIDEF is an examination center

For the diplomas of the Paris Chamber of Commerce and Industry

- Diplôme de français du tourisme, de l'hôtellerie et de la restauration (B1)
- Diplôme de français professionnel des affaires (B2, C1)

For the certifications by **France Éducation International**

- Test de connaissance du français pour l'intégration, la résidence et la nationalité (**TCF IRN**)
- Test de connaissance du français tout public (**TCF TP**)

### CIDEF prepares for the following examinations

Several examination periods are offered in collaboration with the University of Angers.

#### CIDEF offers classes preparing for:

- Diplôme d'études approfondi en langue française (**DEL F**)
- Diplôme approfondi de langue française (**DAL F**)

The DELF and DALF diplomas are valid indefinitely and recognized internationally.

The TCF certification is valid for two years.



## STUDENT LIFE

### Local cultural activities

CIDEF proposes cultural activities all year round. The offer varies according to programs and seasons.

Among the possible activities :

#### Gastronomy

- Cooking class
- Wine and cheese tasting
- Lafayette market

#### Sports and nature

- Loire boat trip
- Sports matches
- Terra Botanica

#### Art and history

- Château of Angers
- Fine arts museum
- Jean Lurçat museum

#### Business world

- Chocolate factory
- Cointreau factory

### Excursions

CIDEF proposes excursions all year round. They usually take place during the weekend. In case of a day trip, a packed lunch is required.

Some examples of excursions :

- Mont-Saint-Michel and Saint-Malo
- Castle of the Loire Valley
- Gulf of Morbihan
- D-Day Normandy landing beaches
- Giverny (Museum of Impressionism and Monet Foundation)
- Anjou troglodyte village
- The Cinéscénie of the Puy du Fou

The price for each activity will vary depending on the activity.

All excursions are charged 75 € per excursion with a 365 € package for 5 excursions.

On-site registration or pre-booking by e-mail.

Cultural activities and excursions are non-exchangeable and non-refundable.



[Student life]





## The Bureau des échanges culturels

The **BEC** gives international students the opportunity to meet with French students and spend time in a friendly atmosphere with French families wishing to share their way of life and culture.

It also organizes cultural and sport activities:

- Events promoting international exchange
- Peer mentoring between French and international students
- «International day» in local schools
- Contact with other UCO clubs and organizations (sports, humanitarian aid, culture,...).



## ROOM AND BOARD

### Homestay with board

#### Academic year 2025-2026

Homestay (individual room)*	Trimester	Fall semester	Spring semester	Academic year (according to arrival and departure times)
+ access to the kitchen	1,203 €	1,587 €	1,587 €	3,311 €
+ access to the kitchen + breakfast (7/7) + 3 evening meals per week	1,877 €	2,485 €	2,485 €	5,215 €

#### Summer 2026

Homestay (individual room)*	July August	September
+ access to the kitchen + lunches on campus from Monday to Friday	697 €/month	697 €/month
+ access to the kitchen + lunch and dinner on campus from Monday to Friday	955 €/month	
+ homestay breakfast and dinners (7/7) + lunches on campus from Monday to Friday	1,012 €/month	1,012 €/month
+ access to the kitchen + breakfast 7/7 + 3 dinners/week + lunches on campus from Monday to Friday		922 €/month

### Privately-owned student residences and board

#### Summer 2026

Student residences (CIDEF partnership)	July/August
+ lunch on campus Monday to Friday	800 €/month
+ lunch + dinner on campus from Monday to Friday	1,070 €/month

#### Academic year 2025-2026 and September

Please contact student residences directly\*\*

\* Housing insurance is included.

\*\*See our list online: [cidef.uco.fr](http://cidef.uco.fr)

Other room and board options are available. Please contact us.

The meal plan options are only available if a sufficient number of students has booked them in advance.

## REGISTRATION AND INFORMATION

### REGISTRATION PROCESS

**ONLINE** [www.cidef.uco.fr](http://www.cidef.uco.fr)

- 1 - **Registration form:** to be filled in, signed (by the parents if the student is under-age) and returned online, by mail or email. Registration possible at the CIDEF secretariat.
- 2 - **Tuition fees deposit\*:** 350 € and 120 € application fees per session.
- 3 - **Accommodation deposit\*:** 350 € if you book accommodation through CIDEF.
- 4 - **Documents to be attached:** a photocopy of your passport + a high school diploma or a document proving your registration in your home university + a copy of your private insurance for the entire period.

### CONDITIONS

- Minimum age : 18 years old (-18 : please contact us)
- High school diploma
- Arrival must be at the beginning of each session (beginner students only)

### ACCESSIBILITY

We welcome students with disabilities and needing specific conditions of study. Please contact CIDEF's accessibility service at [cidef@uco.fr](mailto:cidef@uco.fr) upon registration.

### PAYMENT CONDITIONS

The tuition fees must be fully paid prior to arrival. Payment can be made by transfer, by foreign bank cheque, by cheque, in cash or by credit card at CIDEF.

### CANCELLATIONS CONDITIONS

- All course sessions started are due.
- Registration fees and deposits are non-refundable.
- In case of visa refusal (letter from the French Embassy to be attached), the advanced payment of tuition fees will be reimbursed upon presentation of a bank account number. An amount of 470 € (+ 350 € for accommodation) will be retained by CIDEF.
- In case of visa acceptance but cancellation by the student, no refund will be made.

- \* - deposits will be deducted from the tuition / accommodation fees.  
- tuition fees can be paid by bank cheque payable to a French bank or bank transfer.  
- all bank charges are to be paid by the student.

Accessibilité



### INFORMATION

The administrative formalities necessary to enter France must be carried out by the student.

### VISA AND RESIDENCE PERMIT

You should validate your VISA (VLS-TS) online upon arrival [administration-etrangers-en-france.interieur.gouv.fr](http://administration-etrangers-en-france.interieur.gouv.fr)

- The renewal of the visa must be done between 2 and 4 months before expiration of the visa on the national platform ANEF: [administration-etrangers-en-france.interieur.gouv.fr](http://administration-etrangers-en-france.interieur.gouv.fr)

Note that tuition and registration fees must be fully paid before CIDEF can issue a registration certificate.

### INSURANCE

Three types of insurance are compulsory:

- **French public health insurance (free of charge for European citizens):** registration can be completed online before or upon arrival in France at <https://etudiant-etranger.ameli.fr>. If you are an EU citizen, you must bring your European Health Insurance Card (EHIC).
- **Home insurance policy** (chargeable/included in the price for accommodation via the UCO housing service).
- **Third-party insurance**

### THE STUDENT LIFE AND CAMPUS CONTRIBUTION

For any program exceeding three months, the Contribution de Vie Étudiante et de Campus (CVEC), is compulsory and has to be paid prior to or upon arrival in France.

[cvec.etudiant.gouv.fr](http://cvec.etudiant.gouv.fr)







# CIDEF

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d'Études Françaises

## UNIVERSITÉ CATHOLIQUE DE L'OUEST

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Angers | Brest | Guingamp | Laval | Nantes | Niort | Vannes | La Réunion | Papeete



- \*\*\* Formation
- \*\*\* Emergence
- \*\*\* Accueil
- \*\*\* Accueil
- \*\*\* Accueil
- \*\*\* Gestion

